

Menu – a selection

SALADS & BOWLS

SALAD BOWL

Lettuce, soybeans, black rice, glass noodles, red cabbage, avocado, cashews, seeds and seasonal vegetables.

Sesame or mango dressing. (Completely plant-based)

Choose a protein

Chicken fillet

Shrimp

Cold smoked salmon

Choose dressing, mango or sesame

NYGREN'S SHRIMP SALAD

MSC hand-peeled shrimps, organic egg, lemon mayonnaise, pickled red onion, lettuce, and seasonal vegetables

CHICKEN SALAD

Chicken fillet, Påverås blue blue cheese, fig marmalade, sourdough croutons, Salad, grilled peppers & seasonal vegetables

SALMON SALAD

ASC-labelled cold-smoked salmon, Västerbotten cream, Salad, grilled fennel & seasonal vegetables

SANDWICHES

SHRIMP SANDWICH

Sourdough bread with MSC-labelled hand-peeled shrimps, organic egg, red lumpfish roe, lemon mayonnaise, pickled red onion, lettuce, and seasonal vegetables

SALMON SANDWICH

Smoked salmon, Västerbotten cheese, lettuce, Grilled fennel, cornichons & seasonal vegetables

MEATBALL SANDWICH

Meatballs, homemade beetroot salad, cornichons & seasonal vegetables

TUNA SANDWICH

Tunasalad, organic egg, pickled red onion & seasonal vegetables

CHEDDAR ROLL

Small bread roll with cheddar cheese

AVOCADO SANDWICH

Avocado, pickled red onion & seasonal vegetables

CHICKEN SANDWICH

Whole grain bread, Påverås blue blue cheese, fig marmalade, pickled red onion & seasonal vegetables

SALAMI & BRIE
Whole grain bread, Italian salami, Brie, pickled red onion,
& seasonal vegetables

GRILLED SOURDOUGH BREAD
Various fillings
Including salad & dressing

PASTRIES
FOR CURRENT SELECTION, TAKE A LOOK AT THE STAND

Chocolate Ball – Plant-Based

Mazarin – Classic mazarin with almonds

Lemon muffin – Made with almonds, baked without flour

Coconut top – Made from shredded coconut, no dairy or flour

Kladdkaka – Classic muddy chocolate cake with whipped cream

Daim cake – Chocolate cake with smooth chocolate topping & daim, served with whipped cream

White chocolate cake – white chocolate with pistachio & raspberries, served with whipped cream

Carrot Cake – Classic Carrot Cake with Cream Cheese Frosting

Mazarin cake – Cake on almonds with vanilla cream & berries without flour

Buns – Various kinds

COLD DRINK

Pepsi/Pepsi max/7up free/Zingo

Rudenstam sparkling apple soda/ Rudenstam sparkling blackcurrant soda

Kivik EKO lemonades – various flavours

Törst EKO soda – Raspberry/Ginger/Elderberry

Non-alcoholic APA

Alcohol-free Carlsberg

Kombucha – Various flavors

Smakis EKO – Various flavours

ORGANIC COFFEE ETC.

EKO Filter coffee made from freshly ground beans

EKO Coffee in a small French press

Tea in a pot – different varieties

Hot chocolate with or without whipped cream

Latte

Latte macchiato

Flavored Latte

Cappucino

Cortardo

Coffee macchiato

Chailatte

Espresso