

Menu – a selection

SALADS & BOWLS

BOWL

Lettuce, soybeans, black rice, glass noodles, red cabbage, avocado, cashews, seeds & seasonal vegetables.
Sesame or mango dressing. (all vegan)
95:-

Choose a protein

Chickenbreast + 35:-

Hand-peeled shrimp +45:-

Cold smoked Salmon + 35:-

SALAD WITH SHRIMPIS

MSC-labeled hand-peeled shrimp, krav-labeled egg, lemon mayonnaise, pickled red onion, lettuce, & seasonal vegetables
149:-:-

SALAD WITH CHICKEN

Chicken fillet, Påverås Blå blue cheese, fig jam, sourdough croutons, salad, grilled peppers & seasonal vegetables
130:-

SALAD WITH SMOKED SALMON

ASC-labeled cold smoked salmon, cream of Västerbotten cheese, salad, grilled fennel & seasonal vegetables
125:-

SANDWICHES

SHRIMP SANDWICH

Sourdough bread with MSC-labeled hand-peeled shrimp, krav-labeled egg, Lumpfish roe, lemon mayonnaise, pickled red onion, lettuce, & seasonal vegetables
155:-

SALMON SANDWICH

Dark rye bread, ASC-labeled cold smoked salmon, cream of Västerbotten cheese, salad, grilled fennel & seasonal vegetables
82:-

MEATBALL SANDWICH

Dark rye bread, meatballs, homemade beetroot salad, cornichons & seasonal vegetables
72:-

TUNA SANDWICH

Dark rye bread, homemade tuna salad of MSC-labelled tuna, krav-labelled egg, pickled red onion & seasonal vegetables
82:-

BREAD BUN WITH CHEDDAR CHEESE

(Wheat, Rye or sourdough with poppy seeds)
44:-

AVOCADO SANDWICH

Small sandwich of Dark rye, avocado, Pickled red onion & seasonal vegetables
38:-

SANDWICH WITH CHICKEN

Dark bread with seeds, Påverås Blå blue cheese, fig marmalade, pickled red onion, grilled peppers
& seasonal vegetables
75:-

SALAMI & BRIE

Dark bread with seeds, Italian salami milano, Brie du meaux, pickled red onion,
grilled peppers & seasonal vegetables
75:-

SANDWICH WITH PROSCIUTTO (LOIN OF PORK)

Dark bread with seeds, slices of air-dried loin of pork, pecorino cheese, tapenade,
grilled peppers, salad & seasonal vegetables
75:-

GRILLED SOURDOUGH SANDWICH

Variety of fillings
Including salad & dressing
95:-

PASTRY

FOR CURRENT SELECTION, TAKE A LOOK BY THE COUNTER

Chokolate ball – vegan 28:-

Mazarin – Classic mazarin with almonds 33:-

Lemon almond muffin – Made from almonds, baked without flour 33:-

Coconut top – Made from coconut flakes, without milk & flour 28:-

Brownie – Classic brownie with cream 45:-

Daim cake – Chocolate cake with a creamy glaze of milkchocolate & daim,
served with whipped cream 49:-

White chocolate cake – white chocolate with pistachio & raspberries,
served with whipped cream 49:-

Carrot cake – Classic carrot cake with cream cheese frosting 49:-

Almond cake – Cake on almonds with vanilla custard cream & berries
without flour 46:-

Sweet Buns – different varieties 33-35:-

COLD DRINKS

- Cola/Cola zero/Pepsi/Pepsi max/7up free/Zingo 35:-:-
- Rudenstam sparkling apple / Rudenstam sparkling black currant 40:-
- Kivik EKO sparkling lemonade – different flavors 38:-
- EKO soda – Orange/lemon/elderberry/raspberry 36:-
- Non-alcoholic APA 55:-
- Non-Alcohol Carlsberg 45:-
- Kombucha – Different flavors 55:-
- Smakis EKO – Different flavors 20:-
- Smakis EKO Juice – apple / orange 30:-

ORGANIC COFFEE ETC.

- EKO Filter coffee on freshly ground beans 35:-
- EKO Coffee in small press jug 35:-
- Tea in a pot – different varieties 30:-
- EKO hot chocolate with or without whipped cream 40:-
- Latte 40:-
- Latte macchiato 38:-
- Latte with various syrups 42:-
- Cappuccino 36:-
- Cortado 38:-
- Coffee macchiato 36:-
- Chai latte 40:-
- Espresso 22:-/30:-